**WFRA Covid Race Risk Assessment**

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| **EVENT NAME:** | Pen y Fan Race | **PERSON RESPONSIBLE:** | Crispin Flower & Naomi Law |
| **LOCATION:** | Cwm Llwch | **ASSESSED BY:** | Crispin Flower |
| **EVENT DATE / TIME:** | Sunday 4th July 2021 | **DATE ASSESSED:** | 13 June 2021 |
|  |  | **DATE UPDATED:** |  |
| **HAZARDOUS ACTIVITY or RISK** | **CONTROL MEASURE TO MINIMISE SPREAD OF CORONAVIRUS** | **RESULTANT RATING (L/M/H)** | **ACTION REQUIRED** |
| Attendance by competitor or spectator infected with Covid 19, resulting in possible transmission.  | * To detail on pre-race briefing via email in advance, competitors and family/guests must not attend if:
* they are showing any signs of Covid-19 symptoms:
* experiencing a high temperature,
* experiencing a new, continuous cough,
* experiencing a loss or change to sense of smell or taste.
* they have been in contact with anyone showing any signs of Covid-19 symptoms in the past 14 days,
* they have travelled within the last 14 days to an international location where self-isolation is required following your visit.
 | LOW | Detail to all participants prior to race. |
| Transmission during race registration | * Race is pre-entry prior to the day; no registration on the day required or possible. Competitors will collect own number and tag.
 | LOW | Detail to all participants prior to race .Adequate Marshal Plan in place which includes Registration area. |
| Transmission during pre-race briefing, usually held at the start line congregation | * All details for participants shall be included in email prior to the event
* Any verbal race briefing to be to socially distanced gathering.
 | LOW | Detail to all participants prior to race.Person briefing to ensure crowd can hear briefing without breaching social distancing, e.g. use of loudspeaker. |
| Numbers exceeding maximum allowed to gather by law | * Race is pre-entry only, no entries allowed on the day. This is to be communicated within race advertisement.
 | LOW | Information regarding pre-entry to be within race advertisement. |
| Transmission at start & finish location | * Start and finish location will have sufficient space to allow runners to socially distance whilst waiting to start.
* There will be no overlap between starters and finishers.
* Competitors will be called up to the start line and must remain 2m apart where possible, or at least 1m if face coverings are worn.
* Faster runners will be positioned at the front to minimise close contact in early stages of the race.
* Participants required to arrive at the start line no earlier than 5-10 minutes prior to the actual start time.
* No runner personal possessions will be left at Race Control.
* Timing of runners crossing the finish line will be by electronic timing tag, and a receptacle will be available for runners to drop used tags into.
* Participants will be advised to disperse from the finish area quickly on finishing to prevent a gathering.
* Participants are encouraged to return back to their cars to avoid crowding or any issues with socially distancing.
* Race results will be available via an online webpage with link provided in advance to avoid congregation of participants seeking finishing times.
 | LOW | Detail to all participants prior to race.To be managed during and after the race. |
| Transmission at parking | * Participants recommended to travel to the event by car and refrain from car sharing unless other that with members of the same household or support bubble or otherwise within Government guidelines.
* Parking locations will be highlighted to runners prior to race day.
* Parking area is extensive and outdoors, easily permitting social distancing.
 | LOW | Detail to all participants prior to race |
| Transmission at toilets and/or changing facilities (Male and Female) | * Participants are advised there are no toilet welfare or changing facilities for the race. Given local nature of the race, participants will be advised to use home facilities prior to setting off.
 | LOW | Detail to all participants prior to race.To be managed during and after the race. |
| Transmission during medical emergency | * The ethos of fell racing is that a competitor will give up their own race to aid a fellow runner in need of assistance. However, for the purpose of initial assessment in minor cases participants will be advised to initially check on (verbally communicate with) the injured party from a safe distance of 2m before engaging more closely.
* Competitors are advised to notify a race marshal accordingly.
* Participants must carry a face covering as part of their race kit for the purpose of protecting others if they become a casualty.
 | LOW | Detail to all participants prior to race. |
| Transmission amongst gathered crowd of spectators/competitors at other times | * Participants are requested to minimise the number of people they might have with them when they attend the race. If they have family/friends with them they should advise them to spectate at a suitable location on the race route where they would not be gathering with others.
* Race results will be available via an online webpage with link provided in advance, to avoid congregation of participants seeking finishing times.
* Prize-giving will either not occur at all (to be confirmed), or will take place outside, and adhere to social distancing rules.
* The race will not be publicised outside the relatively narrow circle of the fell racing community, therefore the likelihood of public spectators is low.
* No refreshments will be served, and participants must take their own rubbish home.
 | LOW | Detail to all participants prior to race.To be managed during and after the race. |
| Transmission to/from/between Marshals | * .Marshals must have face covering with them.
* Advised to carry hand sanitiser.
* Marshals to remain a minimum of 1m from participants at all times except in medical emergency, and where they are less than 2m from participants they are to wear a face covering.
 | LOW | Adequate Marshal Plan in place |