

Are you **tough enough** for the...

Brecon Fans Races

16th – 17th July 2011

Saturday: Pen y Fan

including 1 mile a16 JUNIOR race (same start) £1

Saturday 11.00am 3.5 miles / 1930 feet of ascent

Cwm Llwh (The Login) car park (SO006245) near Brecon

Entry in advance £4 or on the day £5

Male record: 30 minutes 00 seconds Female record: 38 minutes 15 seconds

£500 prize for setting new overall record. £100 for new female record.

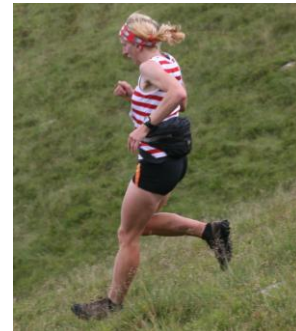
Sunday: Fan y Big Horseshoe

Sunday 11.00 am 10 miles / 2200 feet of ascent

Llanfrynach Village Hall, near Brecon

Entry in advance £5 or on the day £6

Combined entry for both races: £8 (£10 on the day)



*Loads of prizes for all age categories
+ combined prizes across both races*

Sponsors (food, drink and prizes):



**St Mary's
Bakery**



Full details at: <http://www.breconfans.org.uk>

Or contact the organizers:

Crispin Flower & Naomi Law 01874 622000

info@breconfans.org.uk

Organising Club:

MYNYDD DU
Mountain Runners